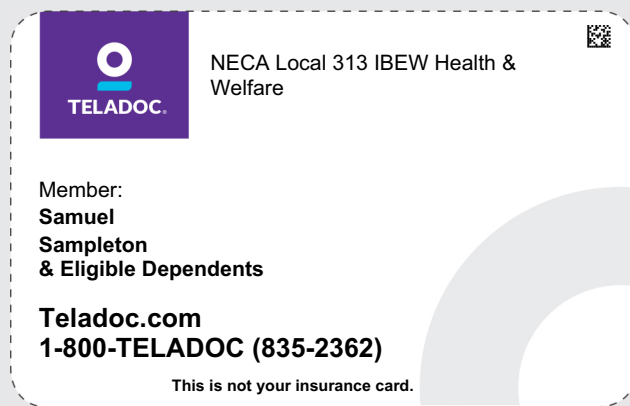


Your Teladoc Membership

24/7 access to doctors by phone or video.



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SAMUEL SAMPLETON
1 SAMPLING ST
SAMPLEVILLE, AZ 29401



Samuel,

Welcome to Teladoc®, a benefit made available to you through NECA Local 313 IBEW Health & Welfare. As a physician, providing patients with the highest quality healthcare has always been a priority for me. Now, as the Chief Medical Officer of Teladoc, my colleagues and I bring that quality healthcare to you anytime, anywhere—at work, in the comfort of your home or while traveling.

As a new Teladoc member, you now have access to our national network of U.S. board-certified physicians, licensed in your state.

With an average of over 20 years of clinical experience, our doctors can diagnose, treat and prescribe medication for your non-emergency conditions. This includes treatments for the flu, eye infections, bronchitis, and much more.

Whenever you need our care, we are available within minutes, by phone or video. We look forward to serving you.

Sincerely,

Lewis Levy, MD
Teladoc, **Chief Medical Officer**
Primary care physician
30 years of experience

YOUR AVAILABLE BENEFITS

General Medical **\$10 / visit**
Treatment for flu, allergies, bronchitis, and more

Dermatology **\$10 / visit**
Treatment for psoriasis, eczema, acne, and more

Mental Health
Support for stress, anxiety, depression, and more

Appointments available by video only to members and eligible dependents 18 and older

Therapist, Psychologist **\$10 / session**

Psychiatrist **\$10 / evaluation**
(ongoing sessions) **\$10 / session**

Set up your account today!

Teladoc.com | 1-800-TELADOC (835-2362)

1

Get Started

Call, download the app or visit the URL above.

2

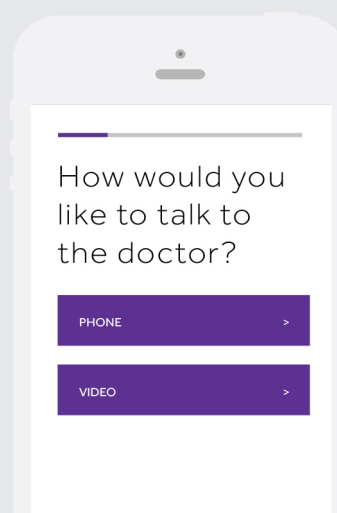
Set up

Enter your information and complete your medical history.

3

Request a Visit

A Teladoc doctor is now just a call or click away.



Download the app



"The service is incredible! Being able to get a visit wherever you are and whenever you need it is beyond convenient. On top of that, **the doctors always make me feel very confident in their diagnoses and recommendations.**"

Sam Y. - Teladoc Member Since 2016

Visit www.teladoc.com/doctors to discover how our doctors make the difference.

When should you use Teladoc?



Teladoc

Use Teladoc anytime, anywhere** for non-emergency conditions like the flu, bronchitis, stress, psoriasis, and more.

Wait only:

Cost:



Family Doctor

Your primary care physician (PCP) is ideal for annual exams and ongoing medical conditions needing regular monitoring.

Travel/Wait:

Cost:



Urgent Care

Use an urgent care clinic when you need an in-person visit for conditions like earaches, sprains, or minor cuts.

Travel/Wait:

Cost:



ER

Go to the ER if you need emergency medical care for severe conditions like chest pain, burns, or broken bones.

Travel/Wait:

Cost:

Learn more about Teladoc:

Teladoc.com

| Download the app

| 1-800-TELADOC (835-2362)

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Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identificación. (TTY: 1-855-636-1578)

T'áá shí shizaad k'ehji shíká a'doowoł nínízingo naaltsoos bee atah nínínígíí nanitínígíí béésh bee hane'é bikáá' áajj' hodíílnih. (TTY: 1-855-636-1578)

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